

## Evidence-based Addiction Treatment for Substance Use and Co-occurring Disorders





We approach addiction as a chronic, but treatable, brain disease. We recognize that patients require an individual approach to lay the foundation for long term recovery and work with all community support partners including 12-step, SMART Recovery, and others.



The initial step in treatment includes a comprehensive assessment including investigation of any co-occurring psychiatric disorders followed by discussion of treatment options that may include FDA-approved addiction medications, brief therapy, virtual cognitive assessment, convenient at-home laboratory monitoring, and collaboration with other community providers. We may also assist with direct referrals should additional care be needed to support the individual.

We know that a one-size-fits-all approach does not work, especially when treating substance use and **co-occuring disorders**. Our highly trained providers meet our patients, wherever they are, to better understand the **shared goal of treatment** and create an *individualized plan* based on these goals and needs.



We currently provide treatment with most available FDA-approved addiction medications

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Empowering all individuals with access to exceptional addiction care